

Title of the Case Series

**Clear, concise, and informative (≤15 words)
Font: Times New Roman, 14 pt, Bold, Centered**

Abstract (IMRAD Format)

Word limit: 250-300 words

- **Introduction:**
Briefly describe the background and significance of the case series.
Explain why these cases are unique or noteworthy.
 - **Methods:**
Describe patient demographics, selection criteria, medical history, symptoms, diagnosis, and treatment approaches used in the case series.
 - **Results:**
Summarize key findings across multiple cases, highlighting treatment outcomes, response rates, and any observed patterns.
 - **Discussion:**
Interpret the relevance of findings, compare with existing literature, highlight clinical implications, and discuss research gaps.
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Keywords

4 to 6 keywords separated by commas (Use MeSH terms if possible)

FULL PAPER

1. Introduction

- **Background of the condition/disease**
 - **Rationale for the case series**
 - **Importance of presenting multiple cases together**
 - **Objectives of the case series**
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2. Methods (Selection Criteria & Case Description)

- **Inclusion and exclusion criteria for case selection**
 - **Patient demographics (age, gender, lifestyle factors, relevant clinical history)**
 - **Diagnostic methods used (Ayurvedic & modern diagnostic approach)**
 - **Standardized intervention protocols (if applicable)**
 - **Ethical considerations in case selection**
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3. Treatment & Intervention

- **Treatment protocols used across cases**
 - **Ayurvedic therapies, herbal formulations, panchakarma procedures**
 - **Contemporary medical interventions (if applicable)**
 - **Non-pharmacological measures (e.g., diet, yoga, lifestyle modifications)**
 - **Duration of treatment across cases**
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4. Results (Comparative Analysis)

- **Response to treatment across cases**
 - **Improvements or adverse effects observed**
 - **Case-by-case outcome comparison (if needed)**
 - **Graphs, tables, or figures to represent data trends**
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5. Discussion

- **Key findings and clinical significance**
 - **Comparison with existing studies or similar case reports**
 - **Possible mechanisms of action**
 - **Limitations of the case series**
 - **Implications for future research and practice**
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6. Conclusion

- **Key takeaways from the case series**
 - **Importance of findings for clinical practice**
 - **Suggestions for further studies**
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7. Ethical Approval & Patient Consent (MANDATORY)

- **Clearly state that informed consent was obtained from all patients included in the case series.**
- **Mention any ethical approvals required from institutional review boards.**
- **Example: *Written informed consent was obtained from all patients for publication of this case series, and all ethical guidelines were followed.***

8. Acknowledgments (Optional)

9. Conflict of Interest Statement

Example: *The authors declare no conflicts of interest.*

10. Funding Information

State funding source(s) or mention: *No external funding received.*

11. Author Contributions (ICMJE-Compliant) [Should not be mentioned in Author Blinded Word and PDF Files]

Example:

- **Conceptualization:** Author A
 - **Data collection & analysis:** Author B
 - **Writing – Original Draft:** Author C
 - **Review & Editing:** All authors
-

12. Plagiarism & Research Ethics Statement

This manuscript is original, has not been previously published, and is not under consideration elsewhere. The authors confirm adherence to ethical research standards and have disclosed any potential ethical concerns.

13. Data Availability Statement

Data supporting the findings of this case series are available from the corresponding author upon reasonable request.

14. References

- References should be numbered consecutively in the order they are first mentioned in the text, tables, and legends. They should be identified by **numerals in square brackets [] after punctuation marks**. Number references in the order they appear in the text.
 - Detailed Guidelines for Referencing is given below, at the end of this file.
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Tables & Figures

- **Include high-quality figures (e.g., clinical images, progress reports, treatment modalities)**
 - **Comparative tables summarizing patient characteristics, treatment approach, and follow-up outcomes are strongly recommended**
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Optional: Additional Supplementary Material

- **Any additional patient data, scans, lab results, or supplementary files should be submitted as separate files and referenced in the manuscript.**
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References

References should be numbered consecutively in the order they are first mentioned in the text, tables, and legends. They should be identified by **numerals in square brackets [] after punctuation marks**. References cited only in tables or figure legends should be numbered according to the sequence established by their first identification in the text of the particular table or figure. Ensure adherence to the style examples below, based on formats used by NLM in Index Medicus. Journal

titles should be abbreviated according to Index Medicus style; provide complete names for non-indexed journals. Avoid citing abstracts unless necessary, and ensure permissions for unpublished data.

Articles in Journals

Standard Journal Article (for up to six authors):

Parija SC, Ravinder PT, Shariff M. Detection of hydatid antigen in the fluid samples from hydatid cysts by co-agglutination. *Trans R Soc Trop Med Hyg.* 1996;90:255–256.

Standard Journal Article (for more than six authors):

Roddy P, Goiri J, Flevaud L, et al. Field Evaluation of a Rapid Immunochromatographic Assay for Detection of *Trypanosoma cruzi* Infection by Use of Whole Blood. *J Clin Microbiol.* 2008;46:2022-2027.

Volume with Supplement:

Otranto D, Capelli G, Genchi C. Changing distribution patterns of canine vector-borne diseases in Italy: leishmaniosis vs. dirofilariosis. *Parasites & Vectors.* 2009;Suppl 1.

Books and Other Monographs

Personal Author(s):

Parija SC. *Textbook of Medical Parasitology.* 3rd ed. All India Publishers and Distributors; 2008.

Editor(s), Compiler(s) as Author:

Garcia LS. *Filarial Nematodes.* In: Garcia LS, ed. *Diagnostic Medical Parasitology.* ASM Press; Washington DC; 2007:319-356.

Chapter in a Book:

Nesheim MC. Ascariasis and human nutrition. In: Crompton DWT, Nesbemi MC, Pawlowski ZS, eds. *Ascariasis and its prevention and control*. Taylor and Francis; London, U.K.; 1989:87-100.

Electronic Sources

Journal Article on the Internet:

Parija SC, Khairnar K. Detection of excretory *Entamoeba histolytica* DNA in the urine, and detection of *E. histolytica* DNA and lectin antigen in the liver abscess pus for the diagnosis of amoebic liver abscess. *BMC Microbiol.* 2007;7:41. doi:10.1186/1471-2180-7-41. Available from: <http://www.biomedcentral.com/1471-2180/7/41>.

Ayurveda / Ancient Literature

Reference from Samhita:

Caraka Samhita, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: <http://niimh.nic.in/ebooks/ecaraka> (Accessed on 31 July 2020).

Reference from Other Ayurveda Classical Literature:

Raja Radha Kanta Deva. *Shabdkalpadruma*. Vol 5, Reprint Edition 3rd. Amar Publications; Varanasi; 1967:10:22 Pg no.89.

Reference from Commentary:

Chakrapani on *Caraka Samhita*, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: <http://niimh.nic.in/ebooks/ecaraka> (Accessed on 31 July 2020).

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