

Template for Initiatives Articles

Initiatives articles recount the history, philosophy, mission, and activities of important projects, institutions, organizations, and associations contributing to the advancement of Ayurveda or Integrative Medicine healthcare. Manuscripts should be approximately 3000 words (excluding references) and may include up to 30 references.

Title of the Initiative

Concise, engaging, and informative (≤15 words)

Font: Times New Roman, 14 pt, Bold, Centered

Author(s) Details

First Name Last Name¹, First Name Last Name², etc.

¹Designation, Institution, City, Country

²Designation, Institution, City, Country

Corresponding Author:

Name

Affiliation

Email

Downloaded from www.ayurveda360.in

Abstract (Non-Structured)

Word limit: Up to 250 words

A brief summary describing the initiative, its history, significance, and impact in Ayurveda or Integrative Medicine.

Keywords

4 to 6 keywords separated by commas (Use MeSH terms if possible)

Main Text

Word Limit: 3000 words

1. Introduction

- **Overview of the initiative being described**
 - **Importance and relevance in Ayurveda or Integrative Medicine**
 - **Objective of the article**
-

2. History & Background

- **Origins and founding principles of the initiative**
 - **Key individuals or institutions involved**
 - **Evolution over time**
-

3. Mission & Philosophy

- **Core values and guiding principles**
 - **Alignment with Ayurvedic or integrative healthcare systems**
 - **Broader vision and long-term goals**
-

4. Activities & Contributions

- **Major programs, research, or interventions led by the initiative**

- **Impact on Ayurveda or Integrative Medicine education, research, or practice**
 - **Collaborations and partnerships with other organizations**
-

5. Achievements & Challenges

- **Key successes and recognitions**
 - **Notable milestones and progress**
 - **Challenges faced and strategies for overcoming them**
-

6. Future Directions

- **Plans for growth, expansion, or further impact**
 - **Recommendations for future initiatives in similar fields**
-

7. Conclusion

- **Summary of key insights**
 - **Importance of the initiative for the advancement of Ayurveda and Integrative Medicine**
 - **Final thoughts or calls to action**
-

References

- **Limit: Up to 30 references**
- **Use Vancouver Style (AMA) or NLM style**
- **Reference numbers should be written inside square brackets [] within the text and NOT as superscripts or endnotes**

Example: Similar initiatives in Ayurveda have been documented extensively [1].

Tables & Figures (If Applicable)

- **High-quality images (e.g., photos of institutions, key figures, milestones) should be included where relevant**
 - **Tables summarizing major achievements or organizational structure may be used**
-

Acknowledgments (Optional)

- **Recognize contributors, funding, or institutional support (if applicable)**
-

Conflict of Interest Statement

Example: *The author(s) declare no conflicts of interest.*

Optional: Author Bio

- **A short paragraph about the author(s), including expertise and current affiliations.**

References

References should be numbered consecutively in the order they are first mentioned in the text, tables, and legends. They should be identified by **numerals in square brackets [] after punctuation marks**. References cited only in tables or figure legends should be numbered according to the sequence established by their first identification in the text of the particular table or figure. Ensure adherence to the style examples below, based on formats used by NLM in Index Medicus. Journal titles should be abbreviated according to Index Medicus style; provide complete

names for non-indexed journals. Avoid citing abstracts unless necessary, and ensure permissions for unpublished data.

Articles in Journals

Standard Journal Article (for up to six authors):

Parija SC, Ravinder PT, Shariff M. Detection of hydatid antigen in the fluid samples from hydatid cysts by co-agglutination. *Trans R Soc Trop Med Hyg.* 1996;90:255–256.

Standard Journal Article (for more than six authors):

Roddy P, Goiri J, Flevaud L, et al. Field Evaluation of a Rapid Immunochromatographic Assay for Detection of *Trypanosoma cruzi* Infection by Use of Whole Blood. *J Clin Microbiol.* 2008;46:2022-2027.

Volume with Supplement:

Otranto D, Capelli G, Genchi C. Changing distribution patterns of canine vector-borne diseases in Italy: leishmaniosis vs. dirofilariosis. *Parasites & Vectors.* 2009;Suppl 1.

Books and Other Monographs

Personal Author(s):

Parija SC. *Textbook of Medical Parasitology.* 3rd ed. All India Publishers and Distributors; 2008.

Editor(s), Compiler(s) as Author:

Garcia LS. *Filarial Nematodes.* In: Garcia LS, ed. *Diagnostic Medical Parasitology.* ASM Press; Washington DC; 2007:319-356.

Chapter in a Book:

Nesheim MC. Ascariasis and human nutrition. In: Crompton DWT, Nesbemi MC, Pawlowski ZS, eds. *Ascariasis and its prevention and control*. Taylor and Francis; London, U.K.; 1989:87-100.

Electronic Sources

Journal Article on the Internet:

Parija SC, Khairnar K. Detection of excretory *Entamoeba histolytica* DNA in the urine, and detection of *E. histolytica* DNA and lectin antigen in the liver abscess pus for the diagnosis of amoebic liver abscess. *BMC Microbiol.* 2007;7:41. doi:10.1186/1471-2180-7-41. Available from: <http://www.biomedcentral.com/1471-2180/7/41>.

Ayurveda / Ancient Literature

Reference from Samhita:

Caraka Samhita, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: <http://niimh.nic.in/ebooks/ecaraka> (Accessed on 31 July 2020).

Reference from Other Ayurveda Classical Literature:

Raja Radha Kanta Deva. *Shabdkalpadruma*. Vol 5, Reprint Edition 3rd. Amar Publications; Varanasi; 1967:10:22 Pg no.89.

Reference from Commentary:

Chakrapani on *Caraka Samhita*, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: <http://niimh.nic.in/ebooks/ecaraka> (Accessed on 31 July 2020).

Downloaded from www.ayurveda360.in