International Journal of Ayurveda360

Template for Observational Studies (COPE & PubMed Compliant)

Title of the Study

Clear, concise, and informative (≤15 words)
Font: Times New Roman, 14 pt, Bold, Centered

Abstract (IMRAD Format)

Word limit: 250-300 words

- Introduction:
 - Briefly describe the background, significance, and rationale of the observational study.
- Methods:

Describe study design (cross-sectional, cohort, case-control, etc.), sample size, inclusion/exclusion criteria, data collection methods, and statistical analysis.

- Results:
 - Summarize key findings with appropriate data representation (percentages, means, statistical significance).
- Discussion:

Interpret findings, compare with existing literature, highlight clinical implications, and discuss research gaps.

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Keywords

4 to 6 keywords separated by commas (Use MeSH terms if possible)

FULL PAPER

1. Introduction

- · Background and importance of the study
- Research gap and significance
- Objectives and hypothesis (if applicable)

2. Methods

- Study design (cross-sectional, cohort, case-control, etc.)
- Study setting (hospital, community, etc.)
- Sample size and selection criteria (inclusion/exclusion)
- Data collection methods (surveys, patient records, interviews, etc.)
- Variables measured (exposures, outcomes, confounders)
- Statistical analysis methods (software used, significance levels, adjustments)
- Ethical approval details

3. Results

- Presentation of primary findings (tables, graphs, figures)
- Statistical significance of findings
- Subgroup analysis (if applicable) www.ayurveda360.in

4. Discussion

• Key findings and their interpretation

- Comparison with similar published studies
- Strengths and limitations of the study
- Implications for practice and future research

5. Conclusion

- Summary of findings
- Clinical relevance
- Recommendations for further studies

6. Ethical Approval & Informed Consent (MANDATORY)

- Clearly state that ethical approval was obtained (mention institutional review board approval number if applicable).
- Example: This study was approved by the [Institution Name] Ethical Committee (Approval No: XXXX).
- If patient data is involved, state: Written informed consent was obtained from all participants.
- 7. Acknowledgments (Optional)
- 8. Conflict of Interest Statement

Example: The authors declare no conflicts of interest.

9. Funding Information

State funding source(s) or mention: No external funding received.

10. Author Contributions (ICMJE-Compliant) [Should not be mentioned in Author Blinded Word and PDF Files]

Example:

• Conceptualization: Author A

Data collection & analysis: Author B

Writing – Original Draft: Author C

Review & Editing: All authors

11. Plagiarism & Research Ethics Statement

This manuscript is original, has not been previously published, and is not under consideration elsewhere. The authors confirm adherence to ethical research standards and have disclosed any potential ethical concerns.

12. Data Availability Statement

Data supporting the findings of this study are available from the corresponding author upon reasonable request.

13. References

- References should be numbered consecutively in the order they are first mentioned in the text, tables, and legends. They should be identified by **numerals in square brackets** [] after punctuation marks. Number references in the order they appear in the text.
- Detailed Guidelines for Referencing is given below, at the end of this file.

Tables & Figures

- Include high-quality figures (e.g., graphs, study flow diagrams, data distribution charts)
- Tables summarizing patient characteristics, treatment approach, and statistical findings are strongly recommended

Optional: Additional Supplementary Material

 Any additional datasets, survey forms, or supplementary materials should be submitted as separate files and referenced in the manuscript.

References

References should be numbered consecutively in the order they are first mentioned in the text, tables, and legends. They should be identified by numerals in square brackets [] after punctuation marks. References cited only in tables or figure legends should be numbered according to the sequence established by their first identification in the text of the particular table or figure. Ensure adherence to the style examples below, based on formats used by NLM in Index Medicus. Journal titles should be abbreviated according to Index Medicus style; provide complete names for non-indexed journals. Avoid citing abstracts unless necessary, and ensure permissions for unpublished data.

Articles in Journals

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Standard Journal Article (for up to six authors):

Parija SC, Ravinder PT, Shariff M. Detection of hydatid antigen in the fluid samples from hydatid cysts by co-agglutination. *Trans R Soc Trop Med Hyg.* 1996;90:255–256.

Standard Journal Article (for more than six authors):

Roddy P, Goiri J, Flevaud L, et al. Field Evaluation of a Rapid Immunochromatographic Assay for Detection of *Trypanosoma cruzi* Infection by Use of Whole Blood. *J Clin Microbiol*. 2008;46:2022-2027.

Volume with Supplement:

Otranto D, Capelli G, Genchi C. Changing distribution patterns of canine vector-borne diseases in Italy: leishmaniosis vs. dirofilariosis. *Parasites & Vectors*. 2009;Suppl 1.

Books and Other Monographs

Personal Author(s):

Parija SC. *Textbook of Medical Parasitology*. 3rd ed. All India Publishers and Distributors; 2008.

Editor(s), Compiler(s) as Author:

Garcia LS. Filarial Nematodes. In: Garcia LS, ed. Diagnostic Medical Parasitology. ASM Press; Washington DC; 2007:319-356.

Chapter in a Book:

Nesheim MC. Ascariasis and human nutrition. In: Crompton DWT, Nesbemi MC, Pawlowski ZS, eds. *Ascariasis and its prevention and control*. Taylor and Francis; London, U.K.; 1989:87-100.

Electronic Sources

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Journal Article on the Internet: Down loaded from www.avurveda360

Parija SC, Khairnar K. Detection of excretory *Entamoeba histolytica* DNA in the urine, and detection of *E. histolytica* DNA and lectin antigen in the liver abscess pus for the diagnosis of amoebic liver abscess. *BMC Microbiol*. 2007;7:41. doi:10.1186/1471-2180-7-41. Available from: http://www.biomedcentral.com/1471-2180/7/41.

Ayurveda / Ancient Literature

Reference from Samhita:

Caraka Samhita, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: http://niimh.nic.in/ebooks/ecaraka (Accessed on 31 July 2020).

Reference from Other Ayurveda Classical Literature:

Raja Radha Kanta Deva. *Shabdkalpadruma*. Vol 5, Reprint Edition 3rd. Amar Publications; Varanasi; 1967:10:22 Pg no.89.

Reference from Commentary:

Chakrapani on *Caraka Samhita*, Sutrasthana, Matrashitiyaadhyaya, 5/104. Available from: http://niimh.nic.in/ebooks/ecaraka (Accessed on 31 July 2020).



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