

## **1. AYURVED SAMHITA & SIDDHANT**

**Theory- 400 marks(100 Each)  
Practical and Viva-Voce - 100 marks**

### **PAPER –I Charak Samhita**

1. Charak Samhita complete with Ayurved Dipika commentary by Chakrapani.
2. Introductory information regarding all available commentaries on Charak Samhita

### **PAPER –II Sushrut Samhita & Ashtang-Hridayam**

1. Sushrut Samhita Sutra sthana and Sharir- sthana. with Nibandha Samgraha commentary by Acharya Dalhana.
2. Ashtang-Hridayam Sutra Sthanamatram with Sarvanga Sundara commentary by Arun Dutt.
3. Introductory information regarding all available commentaries on Sushrut Samhita and Ashtang Hridaya.

### **PAPER – III Ayurvediya and Darshanika Siddhanta**

Introduction and description of philosophical principles incorporated in Charak Samhita, Sushrut Samhita, Ashtanga Hridya, shtang Samgraha.

1. Analysis of principles specially loka-purusha samya, Shadpadartha, Praman, Srishti Utpatti, Panchmahabhuta, Pilupaka, Pitharpaka Karana- Karyavada, Tantrayukti, Nyayas (Maxims), Atmatatva siddhant.
2. Importance of Satkaryavad, Arambhavada, Parmanuvada Swabhavoparamvada, Swabhava Vada, Yadricha Vada, Karmvada.
3. Practical applicability principles of Samkhya- Yoga, Nyaya-Vaisheshika, Vedanta and Mimansa.

### **PAPER – IV Ayurved Itihas and Prayogika Siddhant.**

1. Post independent Development of Ayurveda: Education, Research.
2. Globalisation of Ayurved.
3. Introduction of department of AYUSH, CCIM, CCRAS, RAV.
4. Tridosh Siddhant.
5. Panchabhautik Siddhant
6. Manastatva and its Chikitsa Siddhant.
7. Naishthiki Chikitsa.
8. Practical applicability principles of Charvak, Jain & Bauddha Darshana.
9. Journals, types of Journals review of Articles.

### **Practical- Viva-voce**

**- 100 Marks**

(50 case sheets are to be filled from samhita siddhant IPD / OPD)

### **Reference Books**

1. Charak Samhita with Chakrapani commentary.
2. Sushruta Samhita with Dalhana Commentary.
3. Ashtanga Samgraha with Sarvangsundara.
4. Ashtanga Hridaya with Sarvangasundara.
5. Vaisheshika Darshan – Prashastapada Bhasya
6. Nyaya Darshan - Vatsyayan Bhasya Patanjala
7. Yoga Darshan- Vyas Bhasya
8. Vedantsara
9. Sarvadarshan Samgraha
10. Bhartiya Darshan – Baldev Upadhyaya.
11. Ayurved Darshanam - Acharya Rajkumar Jain.
12. Ayurved Darshan Vimarsha- Dr O.P. Upadhyay.

13. Ayurvediy Jeevak Su -Dr O.P. Upadhyay.
14. Padartha Vidnyan - Dr O.P. Upadhyay.
15. Scientific Exploration of Ayurved – Dr. Sudhir Kumar.

## **2. AYURVEDA SAMHITA & SIDHANTA (Basic Principles)**

### **Astanga Hridaya, Charaka (P,U), Padartha Vignana & Ayurveda Ithihasa, Sanskrit**

<b>1</b>	Dr. B. P. Pandey	<b>Group leader</b>	
<b>2</b>	Dr. Mahesh Vyas	<b>Coordinator -</b>	<b>Coordinator -</b>
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<b>18</b>	Dr. G.R.R Chakravarthy	Padartha Vigyana & Ayurveda Ithihasa	
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<b>27</b>	Dr. Savitri G.S	Sanskrit	
<b>28</b>	Dr. B.K.Shyam Raw	Sanskrit	

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