### 18. AYURVEDA DHANWANTRI-SHALAKYA - NETRA ROGA

## Theory Four papers of 100 marks each Practical and Viva-voce - 100 marks

### PAPER- I Netra Rog Vangmaya

- 1. Available literature of Netra roga vigyana in Brihattrayi, Laghuttrayi, Yogaratnakar, Chakradutta, Bhel Samhita, Harita samhita and Kashyap samhita.
- 2. Critical analysis of the available literature of netra roga vigyana in the above given classics e.g. Puyalasa and Vatahata Vartma In Sushruta samhita and Vagabhat samhita.
- 3. Unique/ specific contribution of different classics, Acharyas and commentators in the development of Netra roga vigyana.
- 4. Analytical determination of subjects related to eye disorders in ancient and modern literatures.
- 5. Update chronological development of Netra roga vigyana right from Vedic period.
- **6.** Update chronological development of Ophthalmology.

# PAPER- II Ayurvediya Netra Rog Vigyan

- 1. Enumeration and classification of Netra Rogas.
- 2. Descriptive knowledge of etiology, pathogenesis, prodomal symptoms, clinical features, complications and prognosis of pakshma -vartma- sandhi- shukla- Krishna- dristi & sarvagata rogas along with exogenous eye diseases available in Ayurvedic classics. Medical and surgical Management of the above diseases with special skill development in Ashtavidha shastra & Trividha Anushastra chikitsa related to Netra roga.
- 3. Netra kriya kalpa procedures like seka, ashchyotana, vidalaka, pindi, tarpan, putapaka & anjana and their practical application and analysis based on ocular pharmacology. Standard operative procedures for Kriyakalpas including Aushada kalpanas.
- 4. Study of nayanabhighata and , its management and prevention.
- 5. Knowledge of preventive and community ophthalmology along with national programme for control of blindness and role of Ayurveda.
- 6. Ayurvedic Concept of Congenital, developmental and neoplastic diseases of netra.

### PAPER – III Adhunik Netra Rog Vigyan

- 1. Knowledge and application of current diagnostic techniques and equipments and therapeutics in Ophthalmology.
- 2. Detailed study of refractive errors along with defects of accommodation and their management.
- 3. Detailed knowledge of classification, etiology, pathogenesis, signs and symptoms, differential diagnosis, prognosis and complications of diseases of eye orbit, lacrimal apparatus, lids, conjunctiva, cornea, sclera, uveal tract, lens, vitreous, retina, optic nerve and visual pathway with comprehensive knowledge of their medical and surgical management.
- 4. Ocular trauma, its emergencies and management.
- 5. Ocular motility disorders and their medical and surgical management
- 6. Neurological and systemic disorders affecting the eyes and their management.

# PAPER - IV Recent Advances in Netra Chikitsa & Ophthalmology.

1. Update advances in the development of Ayurvedic drug formulations, therapeutic procedures and treatments of Netra roga.

- 2. Advanced technologies in the diagnosis of eye diseases.
- 3. Advanced technologies & techniques in the medical & surgical management of Netra roga.
- 4. Advanced management and technologies in Ophthalmology.
- 5. Detailed study of recent research works on chakshushya dravyas.
- 6. Comparative and critical study of modern advances in surgical techniques over the surgical methods described in Ayurvedic classics

## Pattern of practical/Clinical training

- 1. Posting in OPD, IPD, OT & Kriya kalp Kaksha.
- 2. Case presentation ,clinical discussion, Seminars & Work shops.
- 3. Skill development in Ashtavidha shastra karma, Trividha Anushastra Karma and Modern Ophthalmic Surgical procedures viz lid surgery, pterygium surgery, cataract surgery, squint surgery, glaucoma surgery, DCR & DCT ect.

## **Methods of Training**

- Intensive integrative training would be imparted to scholars in understanding the classical Ayurvedic aspects with an emphasis of critical comparative interpretation.
- Mandatory participation of scholars in seminars, group discussions, clinical demonstrations, journal review meetings, case study, continuing education activities and research clinical projects.
- During the first year course the emphasis would be laid to impart adequate knowledge on fundamental aspects and their applications, with a focus on latest diagnostic tools, instrumentations and laboratory procedures. Practical orientation and hospital based clinical training is an integral part of the curriculum all through.
- In the second year ,training would stress upon extending the knowledge on techniques and imparting skill for surgical performagnce, ophthalmic procedure based therapies, surgical/para surgical procedures so that the scholar is able to perform ophthalmic surgical procedures like Ashtavidha shastra karma, Trividha Anushastra Karma and Modern Ophthalmic Surgical procedures viz lid surgery, pterygium surgery, cataract surgery, squint surgery, glaucoma surgery, DCR & DCT ect independently.
- In the third year the scholar should concentrate on the clinical work and research work based on the dissertation.
- The participation of the scholars in all the aspects of educational process is mandatory.
- Hospital postings The student has to work for 6 terms of resident posting is compulsory out of which first 2 postings will be as a junior resident and the next four postings will be as a senior resident.
- The student should also develop in the academic work of the department.

#### **Pattern of Practical Examination**

100 Marks

1. Bed side examination

Short Case 2 of 10 marks each
Long Case
2. Identification of specimen / Instrument / Radiograph
3. Thesis Presentation / Viva
4. Teaching skill
5. Viva Voce
-20 Marks
-20 Marks
-10 Marks
-10 Marks
-10 Marks
-30 Marks

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#### **Reference Books**

- 1. Charka Samhita with commentaries
- 2. Sushrut Samhita and vaghbhata with commentaries
- 3. Astanga hridaya and Astanga sangraha with commentaries
- 4. Madhava nidan with commentaries
- 5. Bhavaprakasha with commentaries
- 6. Sarangadhara Samhita with commentaries
- 7. Sahstrayoga Sangraha
- 8. Relevent part of Chakradhatta, Bhel Samhita, Harita Samhita
- 9. Shalakya Tantra
- 10 Shalakya Tantra
- 11 The Actions and uses of Indigenous Ophthalmic Drugs
- 12 Clinical Examination of Ophthalmic Cases
- 13 Alder's Physiology of the Eye and Clinical Applications
- 14 Disease of the Lens and Vitrous, Glaucoma and Hypotony
- 15 A Text Book of Ophthalmology
- 16 A Text book of clinical ophthalmology
- 17 Modern Ophthalmology
- 18 Manual of the Diseases of the Eye

Bailliere Tindal and Castell

- 19 Ophthalmology Principles and Concepts
- 20 Ocular Differential Diagnosis
- 21 Clinical Ophthalmology
- 22 Abrahm Manual of Refraction
- 23 Hand Book of ophthalmology
- 24 Hand Book of ophthalmology
- 25 Clinical ophthalmology
- 26 Parsons Diseases of Eye
- 27 Stallard's Eye Surgery

- Ramanath Dwivedi
- R.C. Chaudhary
- N.Srikanth
- Agarwal and Gupta
- Cotlier, St. Louis
- Duke Elder, St. Louis
- Ahmed E.
- Dhanda
- Dutta, L.C. Jaypee Brothers
- May,C. and Worth, C.
- Newell, F.W., C.V. Mosby Co., St. Louis.
- Roy Fedrick Hamptn Lea and Febiger
- Smith, R. Verghese Company
- Duke and Elder
- B.M. Chaterjee
- Khurana
- Kanski



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